

# Lunch Menu Sets

Available 11:30 am to 2:30 pm  
No substitutions please

## Lunch Set \$19

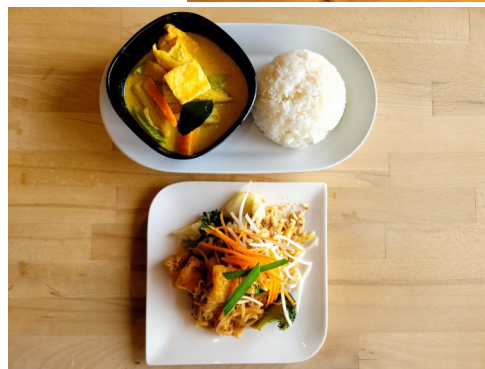
**Red curry chicken with rice  
& 1 pc spring roll**  
**AND one main:**

- (a) **Pad Thai w/prawns** or  
(b) **Basil Beef stirfry** or  
(c) **Cashew Chicken stirfry**

**manow**  
THAI KITCHEN



Set (a) Pad Thai Prawns, Red curry & Spring roll



Set (d) V Pad Thai Tofu & V Yellow curry

## Vegan Lunch Set \$18

**V. Yellow curry tofu with rice**  
**AND one main:**

- (d) **V. Pad Thai w/tofu** or  
(e) **V. Chili Basil tofu**

Please select Spicy levels : **mild, medium, hot, or Thai hot!**

No substitutions please

Available 11:30 am to 2:30 pm

# starter

## A1. Crunchy Wonton (8pc) \$3.5

Fried wonton chips with sweet chili sauce (contain egg)

## A2. Spring Rolls (2rolls) \$6 (4rolls) \$11 (6rolls) \$15

House-made, vegetable spring rolls, deep-fried, sweet chili sauce



## A3. Veggie Rolls (2rolls) \$7

Spring mix, carrots, sprouts, red peppers, lettuce, rice papers, peanut sauce



## A4. Chicken Satay (2pc) \$7 (4pc) \$13 (6pc) \$17

Fire-grilled chicken skewers, peanut sauce, cucumber vinaigrette



## A7. O-Taro \$9.5

Light battered, fried, shredded taro, yam, seasoning, onions; sweet chili sauce and peanuts



## A8. Som Tam Thai \$12

Green papaya, carrots, tomatoes, green beans, garlic, lime, peanuts, mixed with spicy&tangy SomTam sauce

Spicy level : mild, medium, hot, or **Thai hot!**



## A9. Manow's Platter \$17

2 Spring rolls, 2 Chicken Satay, O-Taro, and Crunchy wontons, sweet chili sauce, peanut sauce, cucumber vinaigrette



Gluten-free items: A3, A4, A8.



Items A7, A9 only available at dinner time

# soup

[LG 950 ml / SM 650 ml](#)

Spicy level : mild, medium, hot, or **Thai hot!**

## S1. Thai Tom Yum Goong LG \$13 SM \$11

The Classic Thai **Tom Yum Goong** (hot & sour soup); **prawns**, lemongrass, kefir lime leaves, mushroom, chili, onions, and a touch of lime



S1

## S2. Tom Kha Gai LG \$13 SM \$11

*Coconut cream soup*; coconut milk soup with **chicken**, mushroom, onions, galangal, and a touch of lime

Spicy level : mild, medium, hot, or **Thai hot!**



# curry

- served with rice -

*sub brown rice or coconut rice for \$1.5*

**Chicken \$17;**

**Beef \$19; or Prawns \$19**

Spicy level : mild, medium, hot, or **Thai hot!**

## C1. Green Curry

*Keaw Whan* - Thai classic coconut cream curry, eggplants, broccoli, bell peppers and Thai basil



C1

## C2. Red Curry

*Gang Phed* - Savoury coconutmilk curry bell peppers, bamboo shoots, carrots, basil and kefir lime leaves



C2

## T1. Massaman Curry

Rich coconut milk curry with exotic herbs, potatoes, vegetables and peanuts.



T1

## C3. Pa-nang Curry

*Flavourful curry*, coconut milk with bell peppers, green beans, carrots and kefir lime leaves



C3



All curries have spicy taste, even prepared mild. If you have sensitivity to spicy food, please consider order other non-curry items.



# noodle & rice

## R1. Pad Thai

Chicken \$17

Prawns \$19

The famous Thai stir-fried noodles with egg and tofu; topped with lime wedge, bean sprouts, chives, and peanuts  
Spicy level : **not spicy**, mild, medium, hot, or **Thai hot!**



R1. Pad Thai can be prepared gluten-free. Please inform server



R1



## R2. Spicy Noodle

Chicken \$17

Beef \$19

Prawns \$19

Kee maow, a wicked combination of flavours and heat. Noodles stir-fried, vegetables, garlic, chili, and Thai basil  
Spicy level : mild, medium, hot, or **Thai hot!**



R2

## R3. Si Ew Noodle

Chicken \$17

Beef \$19

Prawns \$19

A Thai stir-fry noodles, vegetables, egg, sweet soy sauce, and black pepper  
Spicy level : **not spicy**, mild, medium, hot, or **Thai hot!**



R3

## R4. Thai Fried Rice\* Chicken \$16

Prawns \$18

Kow Pad. Thailand's comfort food. Wok-fry rice, egg, vegetables, and pineapples \***Sub brown rice add \$1**  
Spicy level : **not spicy**, mild, medium, hot, or **Thai hot!**



R4

\*We carefully take steps to prevent cross-contact of non-vegan and vegan meals, and to minimize risk of exposure to allergens such as wheat/gluten, peanuts, and shellfish etc.  
However, other menu items and ingredients are prepared in the same kitchen and may be prepared on shared equipment after washed, or by common fryer oil. Due to these circumstances, there is a small chance of contact with some allergens.


Please inform us of your food allergies. Actual food may be different than shown.  
A 15% service charge may be applied for groups of 6 guests or more. Thank you.

# wok stir-fry

- served with rice -  
*sub brown rice or coconut rice for \$1.5*

-  **P1. Chili Basil Chicken \$17**  
**Beef \$19**  
Thai basil, chili, garlic, vegetables,  
spicy jam sauce  
Spicy level : **mild, medium, hot, or Thai hot!**



-  **P2. Craving Cashew Chicken \$17**  
Cashew nuts, green onions, vegetables,  
chili jam  
Spicy level : **mild, medium, hot, or Thai hot!**



- P3. Veggie Ready Chicken \$17**  
**Prawns \$19**  
A healthy Thai stir-fry with a variety of  
vegetables, garlic, a touch of sesame oil  
Spicy level : **not spicy, mild, medium, hot,**  
**or Thai hot!**

 P3 can be prepared gluten-free, please inform server



- P4. Pad Prig Khing Chicken \$17**  
**Beef \$19**  
Red chili spices, ginger, lime leaves,  
vegetables,  
Spicy level : **medium, hot, or Thai hot!**



## kids' corner

10 years old and under please

- K1. Chicken n' Veggies \$11**  
A healthy chicken and vegetables stir-fry; served with rice

- K2. Chicken & Egg Noodle \$13**  
Egg noodles, chicken, and vegetables stir-fry

# thai specialty

limited availability daily



## N1. Kaow Soi Chicken \$16 ; Beef \$18

A popular *Northern Thai-Lanna* dish.  
Rich curry broth, coconut milk,  
egg noodles, and crispy noodles.

Spicy level : mild, medium, hot,  
or **Thai hot!**

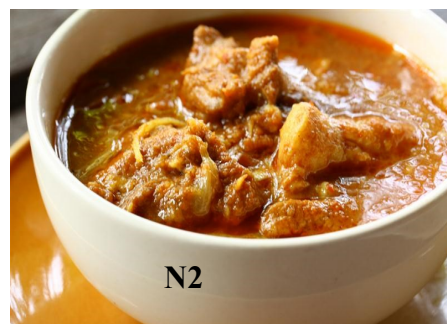


## N2. Hung Lay beef \$20

A local *Northern Thai* beef stew,  
slow-cooked, Ancient spices, chili,  
ginger, onions, peanuts (limited  
quantity)

Served with rice

Spicy level : medium, hot, or **Thai hot!**



## N3. Nam Tok \$22

*Succulent I-Sarn style*  
flame-grilled marinated beef,  
SE Asian spices, onions, fish sauce,  
spicy-lime sauce.  
Served warm, medium-well,  
with fresh vegetables

Spicy level : medium, hot, or **Thai hot!**



N2 & N3 available only at dinner service

## sides & extras

Peanut sauce	\$1	Extra chicken	\$6
Fresh Chili	\$0.5	Extra beef	\$6.50
Chili flakes	-	Extra prawns	\$6
Plain rice	\$2.5		
Coconut rice	\$3.5	Extra tofu	\$5
Brown rice	\$3	Extra veggies (little)	\$2.5
Noodles	\$4	Extra veggies (lots)	\$4.5
Egg noodles	\$4	Curry sauce	\$6
		Food customizations	\$



# Vegan + **VEGETARIAN**

## **V1. Veggie Rolls (2pc) \$7**

Spring mix, carrots, sprouts, red peppers, lettuce, rice papers, peanut sauce



V1

## **V2. V-Coconut Cream Tofu soup**

**Lg (~950 ml) \$13**

**Sm (~650 ml) \$11**

*Tom Kha*: coconut milk soup with tofu, mushroom, onions, galangal, and a touch of lime

Spicy level :

mild, medium, hot, or **Thai hot!**



V2



## **V3. V-Yellow Curry Tofu \$16**

*Kang Leung* - Thai coconut milk curry, turmeric, variety of vegetables, and kefir lime leaf.

*Served with rice, or sub coconut rice*

*or brown rice for \$1.50*

Spicy level :

mild, medium, hot, or **Thai hot!**



V3

## **V10. V-SomTam Thai \$12**

Green papaya, carrots, tomatoes, green beans, garlic, lime, peanuts, mixed with spicy & tangy Som Tam dressing

Spicy level :

mild, medium, hot, or **Thai hot!**



V10



Items can be prepared gluten-free: V1, V2, V3, V4, V10. Please inform server.  
Food allergy remarks and Vegan item remarks apply

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# Vegan + **VEGETARIAN**

## **V4. V-Pad Thai Tofu** **with egg \$17** **no egg \$16**

The famous Thai stir-fried noodles with broccoli, and tofu; topped with bean sprouts, chives, carrots, and peanuts  
Spicy level : **not spicy**, **mild**, **medium**, **hot**, or **Thai hot!**



V4

## **V6. V-Chili Basil stir-fry** **Tofu \$16**

Thai basil, chili, garlic, and vegetables, spicy jam sauce  
**Served with rice, or sub coconut rice or brown rice for \$1.50**  
Spicy level : **mild**, **medium**, **hot**, or **Thai hot!**



V6

## **V7. V-Spicy Noodle Tofu \$16**

*Kee mow*, a wicked combination of flavours and heat.  
Noodles stir-fried, vegetables, garlic, chili, and basil  
Spicy level : **mild**, **medium**, **hot**, or **Thai hot!**



V7

## **V8. VGT Si Ew Noodle Tofu \$16**

A Thai street noodles stir-fry, vegetables, **egg**, sweet soy sauce, and black pepper  
Spicy level : **not spicy**, **mild**, **medium**, **hot**, or **Thai hot!**



V8

## **V9. V-Mixed Veggies stir-fry** **veggies only \$15** **Tofu & veg \$16**

A healthy Thai stir-fry with a variety of vegetables, garlic, sesame oil dash  
**Served with rice, or sub coconut rice or brown rice for \$1.50**  
Spicy level : **not spicy**, **mild**, **medium**, **hot**, or **Thai hot!**



V9