Lunch Menu Sets

Available 11:30 am to 2:30 pm No substitutions please

Lunch Set \$19.5

Green curry chicken with rice & 1 pc spring roll

AND one main:

- (a) Pad Thai w/prawns or
- (b) Basil Beef stirfry or
- (c) Cashew Chicken stirfry



Set (a) Pad Thai Prawns, Red curry & Spring roll

√ Vegan Lunch Set \$18

V. Coconut soup w/tofu
AND
V. Padthai w/tofu



Set (d) V Padthai Tofu & V Yellow curry

No substitutions please

Available 11:30 am to 2:30 pm

Please select Spicy levels: mild, medium, hot, or Thai hot!

starter

A1. Crunchy Wonton (7pc) \$3.5

Fried wonton chips with sweet chili sauce (contain egg)

A2. Spring Rolls (2rolls) \$6 (4rolls) \$11 (6rolls) \$15

House-made, vegetable spring rolls, deep-fried, sweet chili sauce



A3. Veggie Rolls (2rolls) \$7.5 Spring mix, carrots, sprouts, red peppers, lettuce, rice papers, peanut sauce



A4. Chicken Satay (2pc) \$7 (4pc) \$13 (6pc) \$17

Fire-grilled chicken skewers, peanut sauce, cucumber vinaigrette



A7. O-Taro \$9.5

Light battered, fried, shredded taro, yam, seasoning, onions; sweet chili sauce and peanuts



A7 only available at dinner time

A8. Som Tam Thai \$12

Green papaya, carrots, tomatoes, green beans, garlic, lime, peanuts, mixed with spicy&tangy SomTam sauce

Spicy level: mild, medium, hot, or **Thai hot!**





A9. Manow's Platter \$18

2 Spring rolls, 2 Chicken Satay, O-Taro, and Crunchy wontons, sweet chili sauce, peanut sauce, cucumber vinaigrette



A9 only available at dinner time

soup

LG 950 ml / SM 650 ml Spicy level: mild, medium, hot, or **Thai hot!**

S1. Thai Tom Yum Goong LG \$13 SM \$11

The Classic Thai **Tom Yum Goong** (hot & sour soup); prawns, lemongrass, kefir lime leafs, mushroom, chili, onions, and a touch of lime



Coconut cream soup; coconut milk soup with chicken, mushroom, onions, galangal, and

a touch of lime

Spicy level: mild, medium, hot, or Thai hot!





thai specialty limited availability daily

N1. Kaow Soi Chicken \$17; Beef \$19 A popular Northern Thai-Lanna dish. Rich curry broth, coconut milk, egg noodles, and crispy noodles.

Spicy level: mild, medium, hot, or Thai hot!



N2. Hung Lay beef \$21A local Northern Thai beef stew,

slow-cooked, Ancient spices, chili, ginger, onions, peanuts (limited quantity)

Served with rice

Spicy level: medium, hot, or Thai hot!





Jan2023 menu/dinnermanowthai

noodle & rice

R1. Pad Thai Chicken \$17 Prawns \$19

The famous Thai stir-fried noodles with egg and tofu; topped with lime wedge bean sprouts, chives, and peanuts Spicy level: not spicy, mild, medium, hot, or Thai hot!



GF R1. Pad Thai can be prepared gluten-free. Please inform server



R2. Spicy Noodle Chicken \$17 Beef \$19 Prawns \$19

Kee maow, a wicked combination of flavours and heat. Noodles stir-fried, vegetables, garlic, chili, and Thai basil Spicy level: mild, medium, hot, or Thai hot!

R3. Si Ew Noodle Chicken \$17 Beef \$19 Prawns \$19

A Thai stir-fry noodles, vegetables, egg, sweet soy sauce, and black pepper Spicy level: not spicy, mild, medium, hot, or Thai hot!

R4. Thai Fried Rice* Chicken \$17 Prawns \$19

Kow Pad. Thailand's comfort food. Wok-fry rice, egg, vegetables, and pineapples *Sub brown rice add \$1.5 Spicy level: not spicy, mild, medium, hot, or Thai hot!



*We carefully take steps to prevent cross-contact of non-vegan and vegan meals, and to minimize risk of exposure to allergens such as wheat/gluten, peanuts, and shellfish etc.

However, other menu items and ingredients are prepared in the same kitchen and may be prepared on shared equipment after washed, or by common fryer oil. Due to these circumstances, there is a small chance of contact with some allergens.

Please inform us of your food allergies. Actual food may be different than shown. 1 hour 20 min limit time per table please. Thank you.

Jan2023 menu/dinnermanowthai

wok stir-fry

- served with rice - sub brown rice or coconut rice for \$1.5

sub chk for Beef +\$2; or Prawns +\$2

P1. Chili Basil Chicken \$17

Thai basil, chili, garlic, vegetables, spicy jam sauce
Spicy level: mild, medium, hot, or **Thai hot!**

P2. Craving Cashew Chicken \$17

Cashew nuts, green onions, vegetables, chili jam Spicy level: mild, medium, hot, or **Thai hot!**

6 P3. Veggie Ready Chicken \$17

(Can be prepared gluten-free, please inform server)

A healthy Thai stir-fry with a variety of vegetables, garlic, a touch of sesame oil Spicy level: not spicy, mild, medium, hot, or **Thai hot!**



kids'corner

10 years old and under please (smaller portions)

K1. Chicken n' Veggies \$11
A healthy chicken and vegetables stir-fry; served with rice

K2. Chicken & Egg Noodle \$13 Egg noodles, chicken, and vegetables stir-fry

1

curry

- served with rice sub brown rice or coconut rice +\$1.5

sub chk for Beef +\$2; or Prawns +\$2
Spicy level : mild, medium, hot, or Thai hot!



C1. Green Curry chicken \$17

<u>Keaw Whan</u> - Thai classic coconut cream curry, eggplants, broccoli, bell peppers and Thai basil



<u>Gang Phed</u> - Savoury coconutmilk curry bell peppers, bamboo shoots, carrots, basil and kefir lime leafs

T1. Massaman Curry chicken \$17.9 Rich coconut milk curry with exotic herbs, potatoes, vegetables and peanuts.

C3. Pa-nang Curry chicken \$17.9 *Flavourful curry, spices,* coconut milk with bell peppers, green beans, carrots and kefir lime leafs







sides & extras

Peanut sauce	\$1	Extra chicken	\$6
Fresh Chili	\$0.5	Extra beef	\$6
Chili flakes	-	Extra prawns	\$6
Plain rice	\$2.5	Extra tofu Extra veggies (little) Extra veggies (lots) Curry sauce Food customizations	\$5
Coconut rice	\$3.5		\$2.5
Brown rice	\$3		\$4.5
Noodles	\$4		\$6
Egg noodles	\$4		\$



V1. Veggie Rolls (2pc) \$7.5Spring mix, carrots, sprouts, red peppers, lettuce, rice papers, peanut sauce

V2. V-Coconut Cream Tofu soup Lg (~950 ml) \$13 Sm (~650 ml) \$11

Tom Kha: coconut milk soup with tofu, mushroom, onions, galangal, and a touch of lime

Spicy level:

mild, medium, hot, or Thai hot!

V3. V-Yellow Curry Tofu \$17

Kang Leung - Thai coconut milk curry, turmeric, variety of vegetables, and kefir lime leaf.

Served with rice, or sub coconut rice or brown rice for \$1.50

Spicy level:

mild, medium, hot, or Thai hot!

V10. V-SomTam Thai \$12

Green papaya, carrots, tomatoes, green beans, garlic, lime, peanuts, mixed with spicy & tangy Som Tam dressing

Spicy level:

mild, medium, hot, or Thai hot!





Items can be prepared gluten-free: V1, V2, V3, V4, V10. Please inform server. Food allergy remarks and Vegan item remarks apply

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V4. V-Pad Thai Tofu with egg \$17 no egg \$16.5

no egg \$16.5

The famous Thai stir-fried noodles with broccoli, and tofu; topped with bean sprouts, chives, carrots, and peanuts Spicy level: not spicy, mild, medium, hot, or Thai hot!

V6. V-Chili Basil stir-fry Tofu \$16.5

Thai basil, chili, garlic, and vegetables, spicy jam sauce Served with rice, or sub coconut rice or brown rice for \$1.50
Spicy level: mild, medium, hot, or Thai hot!

V7. V-Spicy Noodle Tofu \$16.5

Kee mow, a wicked combination of flavours and heat. Noodles stir-fried, vegetables, garlic, chili, and basil Spicy level: mild, medium, hot, or Thai hot!

V8. VGT Si Ew Noodle Tofu \$17

A Thai street noodles stir-fry, vegetables, **egg**, sweet soy sauce, and black pepper Spicy level: not spicy, mild, medium, hot, or **Thai hot!**

V9. V-Mixed Veggies stir-fry veggies only \$16 Tofu & veg \$16.5

Thai hot!

A healthy Thai stir-fry with a variety of vegetables, garlic, sesame oil dash Served with rice, or sub coconut rice or brown rice for \$1.50 Spicy level: not spicy, mild, medium, hot, or

VEGETARIAN V₆ **V8** VEGETARIAN V9